

The Petals

The Voice Of CST Mission in Punjab-Rajasthan

Patroness

St. Therese Of Lisieux

Patron

Rev. Fr. George Alukka CST
Provincial Superior

Editorial

Fr. Ani Kollamparambil
Fr. Jeslin Padinjarematom
Fr. Tinto Kollamparambil
Fr. Nikhil Valaputhenpurayil

Khrist Jyoti Province
CST Fathers
Jyoti Niwas, Hanumangarh Jn.
335512, Rajasthan
cstkhrstjyoti@yahoo.co.in
www.kjcst.com

Public Circulation Only

Printed at
Xavior Printing Press
Sri Muktsar Sahib

In today's fast-paced world, where technology and materialism often dominate our lives, the role of faith remains as crucial as ever. Religious commitment offers a sanctuary of peace, a source of strength, and a guiding light through life's myriad challenges. Faith is not just a set of beliefs; it is a living, breathing relationship with the divine. It calls us to pause, reflect, and connect with something greater than ourselves. Through prayer, meditation, and communal worship, we find solace and a sense of belonging. These practices ground us, reminding us of our purpose and the values that truly matter. Moreover, faith inspires us to serve others. Acts of kindness, charity, and social justice are not just duties but expressions of our love for God and humanity. In a world often marked by division and strife, these acts of service become powerful testimonies of our faith, spreading hope and compassion. Religious commitment also provides a moral compass, guiding our decisions and actions. It instills in us principles of honesty, integrity, and empathy. In moments of doubt or temptation, our faith anchors us, helping us navigate the complexities of life with grace and wisdom. Yet, maintaining faith in modern times can be challenging. The distractions and demands of contemporary life can easily pull us away from our spiritual practices. However, it is precisely in these moments that our commitment becomes even more vital. Faith offers a counterbalance, a reminder of the eternal truths that transcend the fleeting concerns of the day.

As we journey through life, let us embrace our faith with renewed vigor. Let it be the foundation upon which we build our lives, the lens through which we view the world, and the force that drives us to make a positive impact. In doing so, we not only enrich our own lives but also contribute to a more compassionate and just society.



Patron's Musings

JMJT

MY VOCATION IS LOVE

My dear and loving friends,

HAPPY FEAST OF OUR PATRONESS

MAY OUR DEAR SISTER THERESE

BE A CONSTANT COMPANION TO YOU

I asked Therese, what is her message to us this year and opened a book containing her letters to her Spiritual Brother Maurice. This is the message I got. I share it with you all.

“Jesus wants to possess your heart completely. He wants you to be a great saint. For that you will have to suffer very much... My brother, I shall go soon to offer your love to all your friends in heaven and beg them to protect you. ... I am not dying, I am entering into life, and all that I cannot say to you while I am still here below, I shall make you understand from the heights of Heaven” (Letter to Maurice, June 9, 1897).

This is the message for us this year, allow Jesus to possess us completely. Let us totally belong to Jesus alone. We are called to surrender everything to Jesus. Dear friends let us not worry about anything, let us entrust everything to Jesus.

On 4th we remember our dear and loving Valliachan. He was a person possessed by Jesus. The origin and growth of our congregation is a result of this total possession. He entrusted everything to Jesus. In these troubled times he instructs us to surrender everything to Jesus.



Patron's Musings

Once we surrender everything to Jesus, then He will take care of it. St. Peter says: "Cast all your anxiety on Him, because he cares for you" (I Peter 5:7). Let us cast all our anxiety and fear to Jesus through St. Therese.

HAPPY FEAST
GOD BLESS YOU

Othiri Snehathode Swantham
Alukkachan



Contents

News & Events

Page No.

| | |
|---|----|
| Jyoti Catechetical Fest: A Celebration of Faith and Unity | 1 |
| Department of Social Work | 3 |
| Department of Education | 5 |
| Jyoti Media | 10 |
| Jyoti Niwas News | 12 |
| Tidings from The Mound Tabor of Abohar | 13 |
| Bathinda News | 16 |
| Bikaner Bulletin: Divine Updates | 19 |
| Churu News | 23 |
| Ganganagar | 25 |
| Little Flower Ashram, Guru Har Sahai | 26 |
| Malout Tidings | 27 |
| Changing Relationships, Behaviour, and attitude in | 30 |
| Muktsar News | 33 |
| Moga Bulletin | 36 |
| Mudickal Tidings | 37 |
| 10 interesting Facts About Therese | 39 |
| Sikar Vibes | 41 |
| 10 Beatitudes from the life of Saint Therese | 46 |
| News from Sikhwal Parish... | 47 |
| St. Joseph Pontifical Seminary Mangalapuzha, Aluva | 49 |
| Sacred Heart Theological College, Shillong | 50 |
| Tidings from Krist Jyothi College, Bangaluru | 51 |
| News From The Land of, Sangam | 53 |
| Aluva Seminary | 54 |
| The Pursuit of Happiness | 56 |

Jyoti Catechetical Fest: A Celebration of Faith and Unity

The Jyoti Catechetical Fest, a vibrant event aimed at fostering faith and unity among young people, kicked off in July 2024. The festival featured a series of competitions held across different locations in Rajasthan and Punjab.

The first match took place in Hanumangarh on July 21, where participants showcased their talents in literary items such as painting, drawing, and essay writing. Over 100 children participated in these events, demonstrating their creativity and enthusiasm.

The second match was held in Suratgarh on July 28, featuring a thrilling football competition. The match was a highlight of the festival, with teams from various regions battling it out for the championship. Fazilika emerged as the winner, followed by Sikar and Malout.

The third match was held in Sri Ganganagar on September 1, where girls competed in basketball and badminton. In basketball, Bikaner secured the first position, followed by Sikar and Muktsar. In badminton, Bikaner once again claimed the top spot, with Jalalabad and Danewala taking second and third place, respectively.

The fourth match, also held in Sri Ganganagar on September 8, featured boys' basketball and badminton competitions. Firozpur City emerged as the winner of the basketball competition, while Sri Ganganagar took the top spot in badminton.

The fifth match, a cricket competition, is scheduled to take place in Hanumangarh on September 22. The sixth and final match, featuring cultural items, will be held in Moga and Hanumangarh on October 6 and 11 respectively.

The Jyoti Catechetical Fest has been a resounding success, bringing together young people from different regions to strengthen their faith

The Petals

and foster a sense of unity. The organizing committee, led by Fr. Vincent as the director and Fr. Siju as the coordinator, deserves commendation for their hard work and dedication in making the event a success. The team of Fr. Tinto, Fr. Juslin, Fr. Shibin, Fr. Stephen, Fr. Bijo, and Fr. Jijo played crucial roles in ensuring the smooth execution of the event.

As the festival concludes, we look forward to witnessing more miracles and blessings as these young people continue to grow in their faith and contribute to the betterment of their communities.

Guidelines for Pastoral Work

The Department of Evangelization organized a meaningful and mandatory class on pastoral matters, with a special focus on the Sacrament of Marriage. The class was held on September 20th at the Provincial House in Hanumangarh and was conducted by Rev. Fr. Antony Thuruthiyil, Chancellor of the Diocese of Jalandhar.

DEPARTMENT OF SOCIAL WORK

The Social Work Department of Khrist Jyoti Province, through the Jeevan Jyoti Department of Social Work, has been actively engaged in various initiatives aimed at uplifting the marginalized communities. The department's primary focus is on healthcare, education, and providing financial assistance to those in need. This report outlines the key activities undertaken by the department, highlighting their impact on the communities they serve.

Leper Colony Visits

The department conducts monthly visits to leper colonies located in Malout, Faridkot, Ferozpur, and Fazilka. These visits aim to provide medical care, social support, and essential supplies to individuals affected by leprosy. During these visits, the team distributes medicines, hygiene kits, and nutritional supplements. Counseling and support sessions are also organized to address the emotional well-being of the patients. Additionally, awareness programs on health and hygiene practices are conducted to promote better living conditions. These efforts have significantly improved the quality of life for individuals in these colonies by addressing both their medical and psychological needs.

Dispensary Visits

Regular dispensary visits are carried out in the regions of Sikhwala and Danewala to offer basic healthcare services to the residents. These visits ensure that even those living in remote areas have access to medical care. Services provided during these visits include free medical check-ups, consultations, and the distribution of medicines for common ailments. Health education sessions are also held, focusing on preventive care to reduce the occurrence of illnesses. This initiative has been instrumental in enhancing the general health of the community members by offering timely medical intervention and education on health practices.

Educational Sponsorship Programs

The Jeevan Jyoti Department of Social Work sponsors the complete study for 5 students in IELTS and 6 students in Nursing. This

The Petals

sponsorship covers all aspects of their education, enabling these students to pursue their studies without financial constraints. By investing in these students' futures, the department is not only helping individuals achieve their career goals but also contributing to the broader development of the community by empowering the next generation of professionals.

Scholarships for Higher Studies

In addition to specific educational sponsorships, the department also provides scholarships for higher studies to 35 students across different stations. These scholarships are aimed at supporting students from economically disadvantaged backgrounds to continue their education at higher levels. By alleviating the financial burden of education, the department is enabling these students to pursue their academic aspirations and potentially secure better job opportunities in the future.

The Social Work Department of Khrist Jyoti Province, through its various initiatives, has made significant strides in improving the lives of individuals in need. From providing medical care and social support to sponsoring educational programs, the department's efforts have had a far-reaching impact on the communities it serves. Through ongoing commitment and dedicated service, the department continues to fulfill its mission of uplifting the underprivileged and fostering a sense of hope and community.

Immaculate Hospital, Sri Muktsar Sahib, in association with the Jeevan Jyoti Social Work Department, conducted medical camps on 9th September 2024 in Fazilka and on 14th September 2024 in Guruharsahai. These camps offered free medical check-ups, specialized consultations, and basic diagnostic tests to over 300 plus participants in total. Essential medications were provided, and health awareness sessions on topics like nutrition, hygiene, and disease prevention were conducted. The response from the community was overwhelmingly positive, with many benefiting from the services and several patients being referred for further treatment, underscoring the importance of these outreach efforts.

DEPARTMENT OF EDUCATION

Workshops and Meetings (March - August 2024)

1. Classroom Management Workshops by Mahima Rawat (Extramarks)

21 March 2024 - Bikaner and 22 March 2024 - Nokha:

These workshops focused on improving classroom management techniques for teachers. Mahima Rawat from Extramarks guided educators on creating a conducive learning environment, maintaining discipline, and effectively managing classroom dynamics. Extramarks, a popular educational platform, provided resources and strategies to enhance student engagement and participation.

2. ICSE Meeting for Managers and Principals by G Immanuel (ICSE)

15 May 2024 - Chandigarh:

This meeting was targeted at school managers and principals to discuss the latest developments in the ICSE curriculum and policies. Dr. Joseph Emmanuel, an authority on ICSE education, presented updates on exam patterns, syllabus modifications, and administrative requirements. The aim was to ensure that institutions affiliated with ICSE are well-prepared to implement the changes and improve academic standards. 15 representatives of our ICSE schools participated in the event.

3. Educadoo Workshops for Fathers by Saneesh (Education Department)

21 April 2024 - Bathinda and 22 April 2024 - Malout:

These sessions were organized specifically for fathers and school leaders to discuss the importance of their role in the educational setup in our present ERP. Saneesh from the Education Department and Managing director of Hafisoft Technology focused on our ERP Educadoo, school management software and how to improve the quality of education through collaborative efforts.

The Petals

4. NEP and Classroom Management Workshop by Sukanya Sharma (Goyal Brothers)

21 June 2024 - Jhunjhunu:

This workshop integrated the National Education Policy (NEP) guidelines with classroom management strategies. Sukanya Sharma from Goyal Brothers explained how the NEP's focus on holistic development, experiential learning, and inclusivity can be implemented in the classroom. Teachers were trained on adapting to these changes while managing student behavior effectively.

5. Classroom Management Workshops by Various Experts

27 June 2024 - Churu (Ms. Karuna Yadav, Ratna Sagar):

Focused on practical techniques for managing classrooms, Karuna Yadav emphasized structured lesson plans, student motivation, and innovative approaches to handling classroom issues.

28 June 2024 - Sri Ganganagar (Ms. Leena Kapoor, Ratna Sagar):

Leena Kapoor's session centered on teacher-student interactions, promoting positive behavior, and maintaining a balanced classroom environment.

28 June 2024 - Churu (Yash Chouhan, Kriston):

This session focused on strategies to manage large classrooms, with specific insights into group activities and peer learning.

29 June 2024 - Hanumangarh (Yash Chouhan, Kriston):

The session in Hanumangarh emphasized resource management in classrooms and the importance of using the right teaching aids to foster an interactive learning experience.

6. Classroom Management Follow-up by Extramarks

15 July 2024 - Churu:

A follow-up session led by Extramarks, aimed at reinforcing

The Petals

the concepts of classroom management taught in earlier sessions. This workshop was designed to assess how teachers were implementing the strategies and provide additional tools to refine classroom control and learning techniques.

7. Classroom Management Workshop by Sweta Ojha (Ratna Sagar)

27 July 2024 - Suratgarh:

Sweta Ojha provided training to teachers on how to effectively manage classroom dynamics, focusing on creating engaging lesson plans and encouraging active participation. The workshop also addressed challenges faced by teachers in maintaining discipline while promoting a healthy learning environment.

8. NEP and NCF Workshops by Dr. Gurmeet Gill Kaur (Ratna Sagar)

09 August 2024 and 10 August 2024 - Bikaner and Jhunjhunu:

These workshops focused on the integration of the National Education Policy (NEP) and National Curriculum Framework (NCF). Dr. Gurmeet Gill Kaur explained the vision of NEP and NCF, highlighting how teachers and school leaders can implement new policies in curriculum design, teaching methodologies, and evaluation processes. 56 participants were present for the workshop in Bikaner and 48 were present at Malout.

9. "Error to Excellence - Practical Approaches to Grammar Corrections" by Ambika V Parambath (Burlington)

10 August 2024:

This workshop, conducted by Ambika V Parambath, provided teachers with effective methods to correct grammar mistakes in students' writing. The session covered practical approaches to grammar corrections, ways to encourage language proficiency, and error analysis techniques to enhance students' understanding of English grammar.

10. POCSO Workshop by Sanjeev John (Education Department)

02 July 2024 - Danewala:

The workshop focused on the Protection of Children from Sexual Offences (POCSO) Act. Sanjeev John the programme co-ordinator and stratagist from the Education Department guided teachers and staff on understanding the legal framework, recognizing signs of abuse, and creating a safe school environment. Emphasis was also placed on reporting protocols and awareness campaigns for both students and staff.

This series of workshops and meetings provided invaluable training and insights to educators and school leaders, enhancing their abilities to manage classrooms, comply with new education policies, and ensure a safe learning environment.

Inspection in Rajasthan and State Board Schools

A series of inspections were conducted by the Education Department from August to September 2024, under the leadership of Fr. Mobin Thazhathedath CST, the Education Secretary, with key support from Mr. Sanjeev John, Programme Coordinator and Strategist, Mr. Jojo Joseph, Software Coordinator, and Mr. Arun Joseph, Assistant Software Coordinator. The inspections covered various schools, starting with Little Flower School, Patel Nagar, on 23rd August, followed by St. Alphonsa's School, Sikhwala, on 28th August, and Holy Cross Convent School, Danewala, on 31st August. The team also inspected Basil School in Kotli Nagar, Sri Muktsar Sahib, on 30th August. Moving into September, they visited Little Flower School, Nokha, on 3rd September, and St. Paul's School, Jaisalmer, on 4th September. Subsequent inspections were carried out at Sacred Heart Convent School, Sri Ganganagar, on 6th September, and Little

The Petals

Flower Convent School, Kesrisinghpur, on 7th September. On 9th September, the team visited Little Flower Convent School, Hanumangarh, followed by inspections at Little Flower School, Churu, on 10th September, Little Flower School, Jhunjhunu, on 11th September and the first session of inspection was concluded on 12th at St. Mary's Convent School, Sikar These inspections aimed at evaluating the academic, infrastructural, and technological aspects of each school to ensure compliance with educational standards and to provide strategic guidance for future improvements.



JYOTI MEDIA

Music Production for the Diocese of Faridabad

Jyoti Media undertook a significant musical project for the Diocese of Faridabad, producing 19 songs. This collection included songs for the Syrian Holy Mass in the Punjabi language, catering to the diverse linguistic needs of the community. A group of 8 talented singers participated in the recording process, contributing their voices to this spiritual endeavor.

Super Singer Season 3

Super Singer Season 3 was another major initiative organized by Jyoti Media, focusing on Hindi songs. The competition saw an overwhelming response, with 85 participants qualifying initially. From these, the judges selected the top ten performers who were then asked to send new songs for their performances in the final round. This event provided a platform for emerging talent to showcase their musical abilities.

30 Days of Preparatory Reflections on the Life of St. Therese of Lisieux by Brothers

Jyoti Media organized a 30-day series of preparatory reflections focusing on the life and spiritual journey of St. Therese of Lisieux. Each day, different aspects of her life and teachings were explored, offering a comprehensive understanding of her spirituality and influence. 30 brothers from our province contributed to this venture.

Documentaries Produced

In addition to music production, Jyoti Media also created several impactful documentaries.

Documentary on the Life of Mother Teresa: This documentary offered a deep and inspiring look into Mother Teresa's life and legacy. Documentary on Teacher's Day: Produced to commemorate Teacher's Day, this documentary highlighted the importance of educators

The Petals

and their invaluable contributions to society. Documentary on Independence Day: Celebrating the history and significance of this national event, this documentary aimed to educate and inspire its audience.

Song Production Under the Banner of Jyoti Media

A new song titled "Nin Thirusannidhe" has been produced under the banner of Jyoti Media. This spiritual piece showcases the collaborative efforts of talented musicians. The song features the soulful voice of Nithya Maaman, whose vocals bring depth and emotion to the composition.

The lyrics and music for "Nin Thirusannidhe" were crafted by Fr. Suneesh Ezhological CST, whose creativity and devotion are evident in every note and word. This song is a testament to the commitment of Jyoti Media to produce meaningful and inspiring content that resonates with the faithful.

Jyoti Niwas News

In Loving Memory of Rev. Fr. Pius Edasseriparambil, CST

A memorial Holy Mass was held on July 13, 2024, at St. Joseph's Catholic Church, Ferozepur Cantt, to honor the life and legacy of Rev. Fr. Pius Edasseriparambil. Priests and Religious from nearby communities gathered to pay tribute to his memory.

Blessing and Inauguration of Little Flower Ashram Kesrisinghpur

On August 3, 2024, Little Flower Ashram Kesrisinghpur was blessed and inaugurated by Rev. Fr. George Alukka, the Provincial Superior. The event was marked by a Holy Mass and a fellowship gathering, attended by many Fathers and Sisters.

Jyoti Catechetical Fest – Rise 2024

The fourth annual Jyoti Catechetical Fest, a literary-cultural and sports event, was held at Khrist Jyoti Provincial House Hanumangarh. This year's fest was inaugurated by Rev. Fr. George Alukka and featured participation from seventeen parishes in Punjab and Rajasthan.

The Second Session of the 9th Ordinary Provincial Synaxis

The second session of the 9th Ordinary Provincial Synaxis took place from July 14th to 17th, 2024, at the Provincial House. It was a productive and successful meeting.

25 Years of Blessing

To commemorate the Silver Jubilee of Little Flower Mission Africa, Fr. Provincial visited the mission stations and spent time with the province members.

"Here I am Lord."

Brothers Febin Kurisummoottil CST and Jobin Arattukulam CST received the Minor Order of Karoyusa on July 18, 2024, at Jyoti Niwas, Provincial House, Hanumangarh. The ceremony was presided over by His Excellency Mar Jose Puthenveetil, the Auxiliary Bishop of the Eparchy of Faridabad.

TIDINGS FROM THE MOUND TABOR OF ABOHAR

Welcome and Adieu

On 4th of July our new member and Vice-Rector of Little Flower Formation House had arrived accompanied by Rev. Fr. Mobin, the provincial councilor. Fr. Benny the Rector and Fr. Rince extended a floral - warm welcome. Nevertheless, we also acknowledge Fr. Rince for the relentless and dedicated services rendered to this Formation house. Thank you so much dear Father for all that you had been for us and wish you all the success in your impending prospects.

Arrival of the Benjamins

The new Scholastics of the Little Flower Formation House had arrived early in the morning on 8th of July accompanied by Fr. Jithin. The Rector of the seminary, Rev. Fr. Benny wholeheartedly welcomed all of them to the seminary. All together fourteen of them joined and have been thriving with a fairy spirit.

A day to Explore

On the feast day of St. Alphonsa, we were invited for the feast day celebration in Fazlika and had gone and participated in the Festal celebrations and the 'Langar' thereafter. It was indeed a new and wonderful experience to the brothers. Subsequently we also visited Jalalabad mission station and the Fazlika boarder which inculcated a novel patriotic fondness and vigor in the tender hearts of our brothers.

Feast of Mama Mary in 'Tiranga'

On August 15 we had a solemn celebration of the Feast of Assumption of Mary followed by Independence Day parade and the flag hosting. Consequently we had been preceded to Holy Cross Higher Secondary School Danewala to join in the Independence Day cultural programs. We had undeniably a great time. Thank you dear Fathers for your hospitality and love extended towards us.

The Petals

Literary and Cultural Academy

The inauguration of the Literary and Cultural academy was held on August 15. The ceremony was officiated by Rev.Fr. Thomas Anjilivelil. He imparted a thoughtful message too. Notwithstanding, brothers performed and showcased a wonderful series of program prepared within a short span of time. Congratulations to dear brothers for your effort and hard work.

Jubilee Celebration

The Silver Jubilee of Rev. Sr. Rejeena FCC is celebrated in our Ashram Chapel on 17th of August in which many Priests, religious and lay people participated. We had the Jubilee Mass followed by Felicitation and Agape thereafter. This was a new and an admiring experience for the brothers.

The Nativity of Mary

As a matter of filial love and devotion to Mama Mary, we had nine days preparation by conducting Novena and solemn Rosary in the grotto of the Seminary, teeming with ambiance of an illuminating surrounding. On 8th of September, we had a solemn celebration along with the parishioners in our seminary Chapel and conducted candle procession in the evening followed by langar for all. It was really an august evening.

The Petals



Br. Issac

Bathinda News

Vidyarambh Samaroh Marks the Start of the Academic Year at Sacred Heart Convent School

The Vidyarambh Samaroh, a traditional ceremony to mark the commencement of the new academic year, was held at Sacred Heart Convent School, Bathinda, on April 8th. The occasion was graced by several distinguished guests, with Fr. George Aluka, Provincial of CST Punjab-Rajasthan Province, serving as the Chief Guest. Also in attendance were Fr. Mobin CST, Education Councillor; Fr. Siril Wilson, Financial Secretary; Fr. Sail, Manager of Sacred Heart Convent School, Bathinda; and Fr. Tibin Mannussery, Principal of the school. The event saw the participation of 35 young children, accompanied by their parents, as they embarked on their formal educational journey. The highlight of the ceremony was the traditional blessing bestowed by the priests, where each child was guided to write the first letter of the alphabet. This symbolic gesture, performed with the guidance of the priests, marked an auspicious beginning to their academic life. The Vidyarambh Samaroh was a deeply meaningful event, emphasizing the role of education in shaping the future, and underscoring the school's commitment to nurturing young minds with care and spiritual guidance.

Inaguration and Blessing of Sacred Heart School and Convent

The inauguration ceremony of Sacred Heart Convent School and Sacred Heart Convent took place today with great favour and devotion. The event Began at 9.00am, with the blessing and inauguration performed by His excellency Kuriakose Bharanikulangara, the Bisop of Faridabad Diocese who led the ceremony. The occasion was also graced by the presence of several prominent figures, including Fr. George Alukka, Provincial of CST-

The Petals

Punjab Rajasthan Province, Fr.Saju the previous Provincial, Sr.Lilly Payyappilly the Provincial Superior of SJSM Sanjo Province., Fr. Salj, Mannager of Sacred Heart Convent School, And Fr. Tibin, The Principal of Sacred Heart Convent School. Fathers Sisters and brothers from various places attened, adding to the significance of the event. Following the blessing, a public function was held at 11.30 AM, featuring a variety of cultural programs performed by students from different CST institutions. The performances, which included traditional dances showcased the talent sand cultural diversity of the students, earning enthusiastic applause from the audience. The inauguration not only marked the formal opening of the new facilities but also brought the community together in celebration of a shared vision for the future of education and spiritual growth at Sacred Heart Convent School. The Day concluded with a call for continued support from the community as the school strive to build on its legacy of providing quality education rooted in strong moral values.

Sacred Heart Convent School Bathinda – Independence day celebration

Sacred Heart Convent School Bathinda, celebrated with great enthusiasm and patriotic fervor. The event wsa graced by presences of our esteemed Chief guest, Fr. Jithin CST and our Guest of honour, Fr. Mobin CST. The program commenced with the hoisting of the national flag, followed by the singing of the national anthem, filling the atmosphere with pride and unity. Fr. Jithin delivered an inspiring speech, reminding us of the sacrifice made by our freedom fighters and the importance of upholding the values of freedom and integrity. Fr. Mobin also adressed the gathering, emphasizing the role of students in shaping the future of our nation. The highlight of the day was the vibrant cultural program presented by our talented students. Their performances, including patriotic dances showcased the rich heritage of our country and were met with applause from all in

The Petals

attendance. It was a day of reflection celebration, and commitment to the spirit of independence.

Teachers Day Celebration

We celebrated Teachers day with immense Joy and gratitude, honouring the dedicated and hardworking of our teachers. The event was graced by Chief Guest Fr. Siril Wilson CST, Guest of honour Fr. Mobin CST and our esteemed principal Fr. Tibin, along with a large gathering of parents who joined in the celebrations. The program began with a warm welcome and a heartfelt speeche by Fr. Siril Wilson highlighting the pivotal role of teachers in shaping the minds and futures of students. Fr. Siril in his address emphasized the importance of education and praised the unwavering dedication of the teachers, encouraging students to respect and appreciate their educators. The highlight of the celebration was the honouring the teachers, who were recognized for their exceptional contributions to the school and the students. Each teacher received tokens of appreciation as a mark of respect and gratitude from the school management. Students added to the festivities with their delightful performance, including dances, songs, and skit dedicated to their beloved teachers. Their performances were a testament to the strong bond shared between students and teachers, and they were met with enthusiastic applause from audience. It was a memorable day filled with respect, appreciation, and joy, celebrating the invaluable contributions of teachers to our school community.

Bikaner Bulletin: Divine Updates

Cherishing Grandparents: A Special Day of Gratitude and Blessings

As Pope Francis says that “Grandparents are a treasure in the family. Please, take care of your grandparents: love them and let them talk to your children!” On August 25, 2024 St. Francis Xavier's Church celebrated Grandparents' Day in honor of the feast of Saints Joachim and Anna, the grandparents of Jesus. The service honored their wisdom, love, and dedication to their families.

Celebrating Women's Day in the Church: Honoring the Feast of St. Monica

On September 1st, in the Church we celebrated Women's Day in honor of the feast of St. Monica, the patron saint of mothers and women of faith. The Holy Mass highlighted the strength, devotion, and contributions of women in the Church. The entire programme, including the choir, was organized by the women, showcasing their deep faith and dedication. The day honored their vital role in nurturing both family and community through faith and love.

Independence Day and Feast of the Assumption Celebrated at [Church Name]

On August 15th, we observed both India's Independence Day and the Feast of the Assumption of the Blessed Virgin Mary with a series of significant events. The morning commenced with a dignified flag hoisting ceremony at the church, where the congregation gathered to honor the nation's freedom and pay tribute to the sacrifices of those who fought for independence. The evening was marked by a high solemn mass at the church, dedicated to the Assumption of the Blessed Virgin Mary. Before the mass, the flag was respectfully taken down, concluding a day that beautifully intertwined patriotism with spiritual reflection. In the school, a special Independence Day program was held, featuring patriotic songs, speeches, and cultural performances, celebrating the spirit of freedom and national pride among students.

The Petals

Happy Birthday, Sweet Mother Mary

In the Church began a special novena on August 30 in honor of the upcoming birthday of the Blessed Virgin Mary. The community came together in deep devotion, preparing for the feast day with heartfelt worship and reverence. On 8th September, Sunday, in the evening we celebrated the Birthday of Mother Mary. We had a Rosary Procession after the Holy Mass where our catechism students with their teachers had a wonderful choir.

Honoring Our Parish Priest

On 8th September we also celebrated the birthday of our beloved Parish Priest, Fr, Saju Augustine CST. The community had gathered for the Holy Mass to honor and celebrate the Birthday of Mother Mary and along with this we also appreciated the gift of life of Fr. Saju and thanked him for his spiritual leadership and dedication.

Inauguration of Memorial for Martyr Major James Thomas and Alumni Meet at BBS

Bikaner Boys School held a poignant inauguration ceremony for the memorial dedicated to Martyr Major James Thomas, the Alumni of BBS. In January 2006, Major James Thomas led a daring operation in Poonch (Jammu & Kasmir) to thwart an infiltration attempt of six heavily armed terrorists, single-handedly saving his troops but sustaining fatal injuries in the process. For his unparalleled heroism, Major James Thomas was retrospectively awarded the Kirti Chakra, India's second-highest peacetime gallantry award. The event was a tribute to his bravery and sacrifice, with the memorial serving as a lasting reminder of his heroic contributions during the Poonch Operation. The ceremony was honoured by Ms. Tejaswani Gautam, SP Bikaner and attended by the family of Martyr Major James Thomas, teachers, students, faculty, and distinguished guests, who gathered to honor Major Thomas's legacy and reflect on his inspiring example. In addition to the memorial inauguration, the school also celebrated Alumni Day. The dual event highlighted the institution's commitment to honoring its heroes while fostering a strong sense of

The Petals

community and tradition among its alumni. Furthermore, this day, September 06 was announced to be Martyr Major James Thomas Day – Alumni Day.

Teachers' Day and Manager's Day at BBS

BBS held a special Teachers' Day celebration on September 05 to honor its dedicated educators. The event featured student performances, including music and dance, as well as speeches by the Manager, Fr. Saju, and student representatives.

Fr. Saju expressed deep gratitude for the teachers' hard work and commitment, highlighting their crucial role in student development. He emphasized more on how students respect the teachers in their daily living in school.

On this special day we also had anticipated celebration of The Manager's Day, as Manager's birthday falls on September 07.

CRI Zonal Meet

We also had a CRI zonal meeting in Bikaner where all the religious from Bikaner, Nokha and Jaisalmer came together for the Talk by Fr. Roji CST, Prayer, Confession and Agape together respectively. The meet got over with the supper.

Managers' and Principle's Meet

In a collaborative effort to enhance the educational experience and leadership in CST schools, the BBS hosted the much-anticipated Managers' and Principals' Meet on 09/08/2024. The event brought together all the sisters and fathers for the Workshop on NEP & NCE conducted by Dr. Gurmeet Kaur Gill, who discussed new initiatives, shared best practices, and strategized for future success in education.

St. Thomas Day

On July 3, we joyfully celebrated St. Thomas Day in our Church. In addition to honoring the apostle, we also celebrated the feast days of Fr. Sandeep and Fr. Thomas Njyanckal CST. A special Holy Mass was held, with Fr. Thomas leading the celebration, joined by the faithful. Following the Mass, we gathered for a small but heartfelt

The Petals

get-together, sharing in the fellowship of the day. It was a meaningful occasion filled with prayer, community, and gratitude.

A Jaisalmer Excursion

All the fathers and sisters from various communities went on a memorable day's outing to Jaisalmer. Our journey began early in the morning, and we arrived by 11 a.m. Our first stop was the War Museum, where we paid tribute to the brave soldiers and learned about the region's military history. Next, we explored the fascinating Fossil Park, marveling at its ancient remnants. Afterward, we visited an the Ashram, where we enjoyed a peaceful lunch followed by a special Mass. The day concluded with a visit to the stunning sand dunes, before we made our way back, cherishing the beauty and serenity of the desert landscape.

CHURU NEWS

Farewell and Welcome: A Heartfelt Transition

A poignant farewell was held for Rev. Fr. Sebastian at Rathangarh Ashram as he prepares to take on his new role as the Superior of the Sikar Ashram and Sikar Zone. This momentous occasion was not only an opportunity to bid him a warm goodbye but also to extend a heartfelt welcome to Rev. Fr. Rince, who will be assuming the role of the new in-charge of the Station. The event was graced by the presence of Fr. Anoop, Fr. Suneesh, and parishioners, whose contributions added a special touch to the celebration. The formal transfer of responsibilities had taken place a few days prior, in the esteemed presence of the Very Rev. Fr. Provincial Superior.

Inauguration of the Silver Jubilee Celebration at Little Flower School

On July 20, 2024, Little Flower School Churu proudly inaugurated its Silver Jubilee year with a grand celebration. The ceremony was honored by the presence of Rev. Fr. George Alukka CST, President of the Khrist Jyoti Group of Institutions, Punjab - Rajasthan, along with Fr. Mobin, Education Secretary, and Council Members Fr. Salj and Fr. Siril. Also in attendance were Fr. Suneesh, the School Manager, Sr. Mable, the Principal, and a host of esteemed Priests, teachers, parents, and students. The event featured the ceremonial hoisting of the Jubilee flag, the unveiling of the Jubilee Theme, and the announcement of the year's activities. The day was further enlivened by a vibrant cultural program performed by the students. Additionally, students who achieved 90% and above in the CBSE board examinations of 2023-24 were honored with mementos in recognition of their outstanding academic performance. This significant milestone marked 25 years of excellence in education at Little Flower School.

The Petals

Independence Day Celebration 2024

Independence Day was celebrated with great enthusiasm and vigor. Rev. Fr. John Kudilil CST served as the Chief Guest, delivering an inspiring and thought-provoking address. The celebration was enriched by a dynamic cultural program that beautifully highlighted themes of patriotism and national pride. A special feature of the day was the presentation of birthday mementos to students who celebrated their birthdays in August. In honor of the Silver Jubilee year, each birthday child received a commemorative memento, a tradition that will continue throughout the Silver Jubilee Year.

Celebrating Innovation: Little Flower School's Science Expo 2024

In conjunction with the Silver Jubilee celebrations, Little Flower School hosted its Science Expo 2024. The event was inaugurated by the Honorable District Collector of Churu, Mrs. Pushpa Satyani, alongside Fr. Suneesh, the School Manager, Sr. Mable, the Principal, and other distinguished guests, including Priests, Sisters parents, and students. Mrs. Satyani praised the school's management, staff, and students for their dedication and hard work. She officially opened the exhibition by cutting the ribbon, allowing students to showcase their innovative projects and the knowledge they have acquired. The expo offered a valuable platform for students to demonstrate their enthusiasm and talent in science.

First Feast as a Priest

The Feast of Fr. Rince was celebrated with great joy at Churu Parish on August 29th. The entire parish community gathered to offer their special prayers and best wishes, making this occasion particularly memorable as it marked his first feast day since his ordination. The celebrations continued at Rathangarh Ashram on Sunday, where a second festive event took place. Rev. Fr. Sebastian, the Ashram Superior, along with Fr. Sandeep, Fr. Anoop, and Fr. Suneesh, joined in the observance, adding to the joyous spirit of the day.

The Petals

GANGANAGAR

PROUD TO BE AN INDIAN

A grand and spirited Independence Day celebration was held at Sacred Heart Convent School, where the school community gathered to honor the nation's journey to freedom. The event was graced by the esteemed presence of Major Mohd Ilyas Kathat, 4th Bihar Regiment Company Commander, Sri Ganganagar, as the Chief Guest, and Dr. Ashok Arora, Senior Psychiatrist at the Government Hospital, Sri Ganganagar, as the Guest of Honour. The flag-hoisting ceremony was conducted with great reverence, symbolizing the spirit of freedom and unity. The dignified march-past was a testament to the dedication and enthusiasm of the students. The program unfolded with a series of events that captured the essence of patriotism, resonating deeply with everyone in attendance. It was a matter of pride that a group of over 150 students from our school participated in the grand Independence Day celebration at Maharaja Ganga Singh Stadium.

CROWNING VICTORY

In an extraordinary display of eloquence and critical thinking, Sacred Heart Convent School, Sri Ganganagar, emerged victorious in the prestigious Inter-School Debate Competition held at Birla Public School, Sri Ganganagar. Competing in two categories - Grades 5-7 and Grades 8-10 - our talented students proudly secured the first position in both, showcasing their intellectual prowess and oratory skills. This double triumph not only brought immense pride to the Sacred Heart family but also added another jewel to the crown of our school's achievements. Congratulations, dear students!

HAPPY TEACHERS' DAY

Sacred Heart Convent School, Sri Ganganagar, celebrated Teachers' Day with great joy and enthusiasm. The program was graced by a very special guest, Mrs. Rekha Pathak, an ex-teacher who dedicated 30 years of her life to the school. Rev. Fr. Manager addressed the staff and students. In recognition of her invaluable contributions, the chief guest was felicitated with a memento by the management, honoring her legacy. The atmosphere was vibrant with a variety of events performed by both kindergarten and senior students, where they expressed their gratitude to their teachers through harmonious melodies, vibrant cultural dances, Nukad Natak, the kitchen orchestra, and Bhangra. The day concluded with the management presenting a token of love and appreciation to each teacher, followed by a grand luncheon where everyone came together to celebrate bonds of unity and shared purpose.

LITTLE FLOWER ASHRAM GURU HAR SAHAI

Expansion of School Building

The foundation stone for the new block of the school was laid by Very Rev. Fr. George Alukka CST on June 15, marking a significant milestone in the school's expansion. With the increasing number of students, the current classrooms have become insufficient, making this new block essential for accommodating the growing number of student.

Grand Talent Hunt Show: A Celebration of Young Talent

The school hosted a grand talent show for students from classes 1 to 3 on July 20. The 2.5-hour event featured exciting performances, including dances, songs, speeches, and more. Parents in attendance were delighted by the cultural activities and applauded the children's efforts and talents. The event was a resounding success, showcasing the students' creativity and enthusiasm.

CYD Deanery Level Competition

On August 28, Guruharshai Parish welcomed youth from eight parishes of the Ferozepur Deanery for the annual CYD regional competition. The event featured various games and activities, fostering a spirit of camaraderie and competition among the participants. It provided the youth with an opportunity to engage, showcase their talents, and build stronger connections across the parishes.

Celebration

August 15, 2024, marked a double celebration, commemorating the Feast of the Assumption of Mother Mary and the first anniversary of the church's blessing. The event also included the installation of the relics of St. Thérèse of the Child Jesus by Rev. Fr. George Alukka. It was a deeply spiritual and joyful occasion, strengthening the congregation's faith and devotion.

MALOUT TIDINGS

Farewell, Our Dearest Brothers..

As the board exams were concluded, our dear brothers Joseph and Sharon stepped into a new phase of their spiritual journey. On May 17, 2024, they embarked on a temporal novitiate at Little Flower Seminary, Malout. Fr. Shibin Kochelath CST welcomed them with a retreat, offering spiritual guidance and support. After completing their exams, Joseph and Sharon ventured to Kerala, accompanied by Fr. Rector. On May 28, they joined the Chathamunda community, uniting with other novices on their path of spiritual growth. May God bless them as they embark on this exciting new chapter in their lives.

No Rest During Vacation!

Despite being on vacation, we had productive classes in June. Mr. Sanjay taught us dance, while Ms. Gurpreet Kaur conducted Punjabi classes. These classes were incredibly beneficial, helping us to learn Punjabi and even compose intercessory prayers in the Punjabi for Holy Mass. We are truly grateful for the knowledge and skills we gained from these classes.

A New Academic Year with new enthusiasm....

This year, we were fortunate to welcome our new benjamins—Don, Isaac, Sahil, Deepak, and Abraham. They quickly became involved in various activities, bringing energy and enthusiasm to our community. Our fathers introduced us to the new curriculum with a variety of classes. Fr. Vice Rector ensures that we stay engaged by scheduling exams during seminary days. We also began weekly academies, which provide opportunities for everyone to showcase their talents to the community. With a busy schedule and a positive outlook, we are making the most of our time here without wasting any moments.

The Petals

A Church-Inspired Masterpiece

July 30th was a remarkable day at the seminary. We unveiled a captivating wall magazine dedicated to the Church, a labor of love crafted by our talented brothers. Fr. Rince Kalapurackal CST, praising our efforts and inspiring us with his words, graced the occasion with his presence. This day was a shining moment, allowing us to share our creativity with others and celebrate the profound impact of the Church in our lives.

A Quizzing Adventure with St. Thérèse

Our little brothers aren't left out when it comes to learning about St. Thérèse! They embark on a fascinating quizzing adventure every two weeks, delving into different chapters of her inspiring life. These quizzes are more than just tests; they're a way for our young brothers to connect with St. Thérèse on a deeper level, embracing their role as her spiritual children and brothers.

A Greener Seminary

To enhance our seminary's natural beauty and contribute to a healthier environment, we embarked on a tree-planting initiative. We began by preparing the ground, digging pits for various fruit trees, including mango, strawberry, and guava. As we planted these trees together, we felt a sense of connection to nature and a shared responsibility for our environment.

Walking with Mary: A Novena in Honor of Her Nativity

Thanks to the divine grace bestowed upon Little Flower Seminary, we had the privilege of conducting a novena in honor of the Blessed Virgin Mary's nativity. This nine-day devotion was led by our brothers to deepen our understanding of Mary's life and her role in salvation history. Each day of the novena focused on a specific theme related to Mary's life, including the Annunciation, Visitation, Presentation, Nativity of our Lord, Finding of Jesus, Mary's encounter with Jesus on Calvary, and Mary at the foot of the Cross. Different brothers led

The Petals

the readings and reflections, sharing their insights and inspiring us. On the final day, we concluded the novena with a solemn rosary procession, which heightened our joy and devotion. These days were truly a time of walking with Mary and drawing closer to Jesus.

A Tribute to Our Mentors..

Teacher's Day was a heartwarming celebration, a time to honor the teachers who have shaped our lives. During the Mass, we offered special prayers for our formators, expressing our sincere gratitude for their unwavering dedication. Fr. Tinto added a touch of creativity to the festivities with a captivating wall magazine. This vibrant display not only celebrated our teachers but also ignited a spark of inspiration within our brothers. It was a day filled with appreciation and admiration for the mentors who have guided us on our journey.

The Petals

Changing Relationships, Behaviour, and Attitude in Community Life: A Psychological Viewpoint

A dynamic and intricate web of interpersonal connections, shared experiences, and social exchanges is embodied in community life. To coexist peacefully in this setting, people must constantly modify their attitudes, behaviors, and interpersonal connections. These changes are necessary to preserve societal cohesiveness, individual well-being, and a feeling of belonging, according to psychology. This essay explores the psychological processes that underlie these modifications, with support from pertinent theories, studies, and real-world applications for promoting a healthy community.

1. Comprehending How to Adjust Behavior and Attitude in Community Life

The process through which people alter their behaviors, attitudes, and ideas to conform to the standards, conventions, and beliefs of the community is known as behavior and attitude adjustment. Psychologically, a number of things affect this process: Social Learning Theory: Developed by Albert Bandura, this theory postulates that people pick up attitudes and actions from the people around them. Individuals in a society typically take behavioral cues from well-known or respected individuals. Future behavior is shaped by this modeling, which is reinforced by prizes, penalties, or social acceptance or rejection.

Leon Festinger developed the cognitive dissonance theory, which holds that people feel uncomfortable psychologically when their behaviors or attitudes go against their ideals or beliefs. They might alter their actions or attitudes to bring consistency back in an effort to ease this discomfort. When a person's personal ideas conflict with the standards of the community, they often experience cognitive dissonance in life. This causes them to modify their behavior or perspective in order to find harmony. Conformity and Social Influence: Solomon Asch's studies on conformity demonstrate the significant impact that social influence has on forming attitudes and behaviors. In order to fit in, stay out of trouble, or improve their social standing, people in communities sometimes submit to the rules of the group. Both good and bad things

The Petals

can come from this uniformity (fostering cohesiveness and cooperation) (leading to peer pressure or loss of individuality).

2. Relationships' Significance in Community Life

Community life is built on relationships, and the strength of those relationships has a profound effect on people's individual and communal well-being. Psychologically, a number of elements influence the character and dynamics of connections within a community: John Bowlby is credited with developing attachment theory, which describes how early ties with caregivers affect an individual's capacity to establish and sustain relationships in later life. People who are securely attached typically form stronger, more enduring bonds with others, which enhances communal life. Conversely, those who have insecure attachments may find it difficult to cooperate, trust, or feel close to others, which might strain ties within the community. Social Exchange Theory: George Homans developed this theory, which sees relationships as a series of trades in which parties try to reduce costs and maximize profits. When the perceived advantages (such support, companionship, or social standing) outweigh the perceived disadvantages (like time, effort, or conflict), relationships in a community setting are frequently sustained. Comprehending this dynamic facilitates the development of robust and mutually productive partnerships. Interpersonal Communication: Establishing and maintaining relationships within a society depends on effective communication. Misunderstandings, a lack of empathy, and poor communication can erode social ties and cause conflict. The significance of assertiveness, emotional intelligence, and active listening in enhancing interpersonal communication and resolving conflicts has been highlighted by psychological research.

3. Realistic Consequences for Promoting a Good Community Life

Considering the psychological foundations of behavior, attitude, and relationship modification, a number of useful tactics can be implemented to improve communal life: Encouraging Inclusive Norms and Values: It is important for communities to promote norms that uphold empathy, respect, and inclusivity. Community-based initiatives that support equity, diversity, and understanding between people can help achieve this. Workshops and events can also help.

The Petals

Encouraging Pro-Social Behavior: Programs that offer incentives for pro-social actions, like neighborhood assistance, volunteering, and involvement in community events, can improve relationships between people and foster a feeling of community. People can be encouraged to engage in such behaviors by receiving positive reinforcement in the form of rewards, praise, or acknowledgment.

systems for Resolving Conflicts: Communities should set up efficient, accessible, and fair systems for resolving conflicts. Educating community members in active listening, negotiation, and mediation can promote peaceful conflict resolution and short-term hostility. **Developing Resilient Relationships:** Relationship-building initiatives, like support groups, mentorship programs, and team-building exercises, can improve the caliber of links in the community. These programs ought to place a strong emphasis on mutual aid, trust, and cooperation. **Meeting Mental Health Needs:** Community life is greatly impacted by mental health. Access to mental health resources like stress management classes, support groups, and counseling services should be made possible by local communities. In addition to enhancing personal wellbeing, attending to mental health needs also reinforces the community as a whole.

4. Final Thoughts

Harmony, social cohesiveness, and personal fulfillment in communal life require a complicated but necessary process of behavior, attitude, and relationship adjustments. Psychologically speaking, social learning, cognitive dissonance, compliance, attachment patterns, social exchanges, and communication dynamics all have an impact on these adaptations. Through comprehension of these mechanisms and implementation of pragmatic approaches, communities can establish settings that nurture constructive connections, inclusive standards, and a robust feeling of inclusion. By doing this, people can prosper individually as well as as a community, building a stronger, more cohesive society.

Fr. Anoop

MUKTSAR NEWS

SMASH 2024: Friendly Open Badminton Tournament

The Golden Jubilee Memorial Open friendly badminton tournament, SMASH 2024, concluded successfully at the Little Flower Badminton Academy. Held from July 12th to 14th, the tournament featured various categories, including singles and doubles, attracting players of all ages. Rev. Fr George Alukka CST, President of the LFC Society, inaugurated the event, which was jointly organized by Little Flower Convent Senior Secondary School and Muktsar District Badminton Association. Federal Bank was the official sponsor. The singles matches were fiercely contested, showcasing impressive agility and strategy. Both boys and girls competed in different age categories, including Under 11, Under 13, Under 17, and Under 19. In the doubles category, only Under 19 boys' teams participated. The tournament drew a large crowd, with supporters cheering enthusiastically for their favourite players and teams. The atmosphere was electric, adding to the excitement of the event. Shri Bhagirath Singh Meena, SSP of Sri Muktsar Sahib, presided over the closing ceremony along with Guest of Honor, Shri Amandeep Singh Nita, Indian Badminton Coach. The winners were awarded cash prizes, trophies, and certificates, while all participants received T-shirts. SMASH 2024 was a resounding success, celebrating athleticism, skill, and sportsmanship. Congratulations to all the participants and winners for making the event memorable.

NEPTUNE: Golden Jubilee Year Teachers' Animation Workshop on NEP

A two-day workshop on the National Education Policy (NEP) 2020 was held on August 10-11 at the School Library as part of the Golden Jubilee year. Led by Dr. Salvin Paul, Associate Professor at Dr. Ambedkar University, Delhi, the workshop covered various aspects of the NEP, including curriculum reforms, assessment methods, multilingual education, technology integration, teacher empowerment,

The Petals

and inclusive education. The workshop emphasized the integration of technology in education and the need for continuous professional development for teachers. It also addressed the challenges and solutions related to implementing the NEP at the ground level. Participants expressed satisfaction with the workshop, stating that it provided a clearer understanding of how to align their teaching methods with the NEP guidelines. However, they also acknowledged the need for ongoing support and training to fully implement the policy's recommendations. Overall, the workshop was a valuable step in empowering teachers to adapt to the transformative changes brought by the NEP and ensure its successful implementation in schools.

Inauguration of LIFAM – Little Flower Alumni Meet Online Portal & Independence Day Celebrations

Little Flower School inaugurated its Alumni Meet Portal LIFAM and celebrated Independence Day on August 14th. The event was graced by the presence of school management, faculty members, and distinguished alumni. The inauguration of LIFAM was followed by a welcome address by Mrs. Mamta Thakur and an introduction to the portal by Ms. Sukhdeep Kaur. The portal aims to connect alumni with school events, mentoring programs, and the institution's growth. The school management urged all alumni to register on the portal to build a strong community. The Independence Day celebrations featured patriotic songs, dances, and speeches. Mrs. Shagufta, an alumnus, delivered an inspiring speech emphasizing the values of freedom and responsibility. The day concluded with honouring the alumni, showcasing the school's commitment to fostering unity and pride among students and alumni alike.

Golden Jubilee Year Roller Skating Hockey Competition

The Golden Jubilee Roller Skating Hockey Competition concluded successfully, marking a significant milestone for Little Flower Convent Senior Secondary School.

The Petals

The event, held on August 17th, featured top teams from across the region competing in both boys' and girls' divisions. The competition showcased the skills, speed, and teamwork of the players. In the boys' division, Team Sangrur emerged victorious over Team Muktsar in a closely contested final. In the girls' division, Team Patiala defeated Team Muktsar. The closing ceremony was a grand affair with the chief guest, Mr. Jaspal Monga, DEO, Muktsar, and other distinguished guests. The winning teams were awarded cash prizes. The Golden Jubilee Memorial Roller Skating Hockey Competition was a resounding success, celebrating the sport's rich history and looking forward to many more years of thrilling competition.

Little Flower School Wins Golden Jubilee Quest Fest

Little Flower Convent Senior Secondary School hosted the Golden Jubilee Quest Fest, a national mega quiz competition on August 30th. The competition featured enthusiastic participation from students across India. Ten teams qualified for the final event after online prelims held on 31 July. The quizmaster, Mr. Titash Banerjee, skillfully conducted the competition, which included multiple choice, visual, and buzzer rounds. After intense competition, the host school team emerged victorious. Little Flower Convent School, Jhunjhun Rajasthan and Sacred Heart Convent School, Macchiwara Sahib, Ludhiana finished first and second runners up respectively. The Golden Jubilee Quest Fest was a memorable event that showcased students' knowledge, teamwork, and quick thinking. It fostered a spirit of healthy competition and left participants and the audience looking forward to the next edition.

Feast and Birthday Celebrations

The Feast Day of Fr Juslin Padinjarematom CST and Sr Sherin Thomas DM the principal of Little Flower Convent Sen. Sec. School, Sri Muktsar Sahib was celebrated on 03 July while a joint celebration of the feast day of Fr Akhil (James) Thattaparambil CST and birth day of Fr Alex Mannoor CST was held on 29 July at Little Flower Ashram, Sri Muktsar Sahib.

MOGA BULLETIN

VISIT OF FR PROVINCIAL

Fr provincial on his visits to all the ashrams of our province visited Moga ashram on July 27th. On the next day he celebrated mass in the parish church. All the parishioners were very happy to meet him again.

VISIT TO MASSOURIE

We, the priests of Moga deanery, have visited St. George's College, Mussoorie, to learn about the school and its management. It is an all-boys boarding and non-boarding school situated in Mussoorie, Uttarakhand, spreading over 400 acres of land. We stayed there for some days and learned how well and strategically the academy is built.

FEAST OF AUGUSTIN

We celebrated the feast of Fr Sunny Charakkunnath and Fr Augustin Varakil on the 28th of August together. Fathers and sisters from nearby ashrams came here for the festal Holy Mass and the agape. Sunny was the main celebrant.

FEASTS OF SR JENZY AND SR ROSE

We celebrated the feast of Sr Jenzy, the Mother Superior on June 30 and the feast of Sr Rose on 23 august.

The Petals

Mudickal Tidings

ST. THOMAS DAY

We were blessed to have Rev. Fr. Shibin Kocheelath to preside over the festal Mass of our great Apostle. He gave a thought-provoking message and after the Mass sweets were distributed.

85TH BIRTHDAY OF FR. JOHN KUDILIL

The 85th Birthday of Rev. Fr. John Kudilil was solemnly celebrated on the 6th of July in Khrist Jyoti Mission Bhavan, Mudickal. In the morning, Rev. Fr. John Kudilil offered a Thanks-giving Holy Mass. Celebrations began with a prayer session at 7:30 pm. Rev. Fathers from various CST houses, nearby catholic institutions and the family members of Mr. Prince were present for the celebration. Rev. Fr. John Kapiarumalayil, Mr. Prince, and Fr. Shyju wished Fr. Kudilil greetings of the Day. Rev. Fr. Kudilil shared his beloved memories. The Day was really memorable.

FEAST OF ST. ALPHONSA

Rev. Fr. Mathews Moozhayil, a distant member of Khrist Jyoti Mission Bhavan, was the Main Celebrant of the festal Eucharistic celebration. He enlightened everyone with a meaningful breaking of the Word.

VIANNEY DAY

Rev. Fr. Sunny Cheruthanickal offered the Solemn Holy Mass and shared his reflections with the community. After the Holy Mass, the community greeted all the Fathers and sweets were distributed.

THE ASSUMPTION OF THE BLESSED VIRGIN MARY AND THE 78TH INDEPENDENCE DAY

Rev. Fr. Ani Kollamparambil offered the solemn Holy Mass and shared the message of the day. Rev. Fr. Bruno Pazhooparambil hoisted the National Flag. Rev. Bro. Noyal shared the message of the Independence Day. Miss Tia Kiran sang a wonderful patriotic song and greeted the gathering.

The Petals

BIRTHDAY OF OUR BLESSED MOTHER

The Feast of the Nativity of Blessed Virgin Mary was celebrated with great enthusiasm and joy. Rev. Fr. Shyju celebrated the solemn Holy Qurbana in Syro-Malabar Rite. A few catholic families were present for the Feast.

MAJOR VISITS

The Guest Register of Khrist Jyoti Mission Bhavan registered 210 entries from July 1st to September 10th. Among the distinguished guests include Mar Thomas Thuruthimattam CST, Rev. Fr. Celestine, Rev. Fr. Villanthanam, Rev. Fr. Michael Anikkuzhikkattil, Rev. Fr. Basil Mookkanthottathil, Fr. Sebastian MSFS, Fr. Anoop Panthirayithadathil etc. other than our own Fathers and their relatives and friends.

FUNCTIONS AND EVENTS ATTENDED/REPRESENTED

Mudickal community participated in various events and functions representing the Province on various occasions. Fathers participated in the funeral services of Rev. Fr. Shince Kudilil, Mr. Thomas Kuruvila (Fr. Ajay's Grandfather), and Mrs. Kochuthresia Thomas (Bro. Pereppadan's Grandmother) etc. For the 9th Day observance of late Fr. Shince and for various functions like marriage, First Holy Communion etc. of the near and dear ones of our Province members we expressed our solidarity and concern.

10 interesting Facts About Therese

1. **Blonde hair and blue eyes:** While often depicted with dark hair, Thérèse actually had striking blonde curls and blue eyes. Her hair is preserved at her childhood home in Lisieux, France.
2. **Saints in Sync:** Thérèse's canonization took place just five years after her beloved saint - St. Joan of Arc. It is a testament to their shared devotion and impact. Both saints were deeply committed to their faith and made significant contributions to the Church.
3. **A Canine Companion:** Thérèse cherished her pet spaniel, Tom, a loyal companion during her time at the Carmel. This white spaniel was given to Thérèse by Mr. Martin.
4. **Hidden Name:** The name "Thérèse" was actually her third given name, following Marie-Françoise. Her parents' deep devotion to the Blessed Virgin Mary likely influenced their choice of names.
5. **Ocean Girl:** Thérèse found solace and inspiration at the seaside, often visiting Trouville during her youth. Her love for the ocean is evident in her writings, where she frequently uses maritime metaphors.
6. **A Test of Faith:** God tested Thérèse's faith by temporarily removing her desire for heaven. This dark period challenged her trust and allowed her to grow spiritually.
7. **A Filtered Autobiography:** Thérèse's autobiography underwent revisions to soften some of its more personal and intense elements, initially obscuring the depth of her spiritual struggles.
8. **Saintly Confidence:** Despite her struggles, Thérèse was confident in her eventual sainthood, even preserving her fingernails as future relics.

The Petals

9. Patroness of Missions: Ironically, Thérèse became the patroness of missions despite never leaving her convent. Her spiritual journeys and prayers contributed to the spread of the Gospel.
10. Most Played Game: Thérèse often found more joy in solitary pursuits than in the boisterous games of her peers. With her cousin Marie, she delighted in pretending to be hermits, wandering the streets with their eyes closed. Even while walking with their eyes closed along the street, they would maintain this solitary fantasy, until a mishap with some display boxes outside a shop brought them back to reality.

Fr. Tinto Kollamparambil CST
Vice Rector, Malout

Sikar Vibes

WELCOMING CEREMONY FOR THE NEW SUPERIOR

A warm and heartfelt ceremony was held to welcome Rev. Fr. Sebastian Kalapura CST the new Superior to St. Mary's Ashram, Sikar on 5th July. The event was graced by the presence of the Provincial, Rev. Fr. George Alukka, Rev. Fr. Rince, Rev. Fr. Anoop and Rev. Fr. Suneesh, who accompanied the new Superior in a spirit of joy and fraternity. The welcome began with the traditional Arati ritual, symbolizing respect and reverence, followed by the presentation of a beautiful bouquet and a garland to honor him by Rev. Fr. Jijo Parokkaran. Rev. sisters and few staff, joined for the welcome ceremony. The ceremony concluded with prayer, wishes and blessings, marking the beginning of a new chapter under the guidance of the new Superior.

BIRTHDAY CELEBRATION OF REV. FR. JIJO

The school community came together to celebrate the birthday of Rev. Fr. Jijo, our esteemed Manager with a series of joyful and meaningful events. The day began with a special assembly organized by the Principal, staff and students, during which the students expressed their love and gratitude by presenting the Manager with handmade greeting cards and beautiful bouquets. Their heartfelt gestures reflected the deep admiration and respect they hold for him. The Parish community joyfully celebrated the birthday of our beloved Parish Priest on the same evening. The celebration began with a solemn Holy Eucharistic celebration, where prayers were offered for his health and well-being. Fathers from neighboring communities joined the celebration, adding to the spiritual depth and warmth of the occasion. Following the Mass, a vibrant cultural program was organized by the staff and students, of the campus. The celebration concluded with a delightful dinner hosted by the management. It was a memorable evening filled with joy, gratitude, and celebration.

CRI GATHERING OF THE BIKANER ZONE

CRI Gathering of the Bikaner Zone was held on 1st August with great spiritual fervor, bringing together members from Chru, Jhunjunu,

The Petals

Ketri Nagar and Sikar. The event began with a time of deep reflection during the Eucharistic Adoration, allowing all members to spend a moment in silent prayer and communion with the Lord. Following the Adoration, the Sacrament of Confession was made available, offering an opportunity for participants to reconcile and renew their spirits. A thoughtful and inspiring talk was delivered, by Rev.Fr. Rogi Nareethookil CST. The day's highlight was the Eucharistic Celebration, which gathered all the participants to worship together and celebrate the Holy Mass. It was a moment of unity and spiritual enrichment for the religious members of the Sikar Zone. The gathering concluded with a joyful dinner, where all the members shared fellowship and meaningful conversations, further strengthening the bonds within the religious community. The entire event was a profound experience of spiritual renewal, fraternity, and togetherness, leaving a lasting impact on all who attended.

INDEPENDENCE DAY CELEBRATION

The school celebrated India's 77th Independence Day with great patriotic fervor. The day began with the hoisting of the National flag, followed by the singing of the national anthem. The Manger Rev.Fr. Jijo delivered an inspiring speech, reminding everyone of the sacrifices made by the freedom fighters and the responsibility of maintaining the nation's unity. Despite the heavy rain, all programs were successfully conducted in the school courtyard. The junior section actively participated in inter-house group dance and group song competitions, which added to the festive atmosphere. Each house put on captivating performances, showcasing both talent and team spirit in their colorful dances and melodious songs, reflecting the cultural diversity of the nation. In addition to the cultural performances, prizes were distributed to students who had achieved academic excellence in the previous year. Those who excelled in various cultural activities were also recognized for their outstanding contributions. The rain couldn't dampen the spirit of celebration, as the event concluded with a sense of pride and patriotism, making it a memorable day for everyone involved.

The Petals

ZONAL GATHERINGS OF REV. FATHERS – 24TH JULY AND 28TH AUGUST

The Zonal Gatherings of Rev. Fathers took place on two occasions, July 24th and August 28th, fostering both spiritual and social fellowship among the members. These gatherings served as a valuable time for the Rev. Fathers from various mission stations to come together, strengthen their bonds, and share in meaningful experiences. The agenda for both gatherings was well-rounded, starting with moments of collective prayer, where the fathers prayed together, reflecting on their shared mission and responsibilities. This spiritual communion was followed by discussions, focusing on Missionary challenges, solutions, and ideas for furthering the growth of their communities. In addition to the prayer and discussions, the fathers also engaged in recreational activities, playing together in friendly games that fostered camaraderie and relaxation. The lighthearted moments allowed them to unwind and connect on a personal level. The day concluded with a shared dinner, where the fathers enjoyed each other's company, strengthening their bonds through conversation and fellowship. Both gatherings provided an enriching balance of prayer, discussion, and recreation, fostering unity among the members.

NATIONAL SPORTS DAY - AUGUST 29TH

On August 29th, the school celebrated National Sports Day in honor of Major Dhyan Chand, a legendary figure in Indian hockey and an icon of sports excellence. The day was dedicated to recognizing the need for sporting activities in life. Overall, National Sports Day was a successful and inspiring event, reinforcing the importance of sports and fitness in our daily lives.

RETIREMENT PROGRAM

A heartfelt and memorable retirement program was organized to honor Mr. Antony on 31st August 2024, who retired after 13 years of dedicated service to St. Mary's. The event brought together management and staff to express their gratitude for the invaluable contributions made during their tenure. Rev. Fr. Jijo presented a

The Petals

special memento to Mr. Antony, symbolizing appreciation for his hard work, commitment, and positive influence on the institution. In addition, the staff together presented a beautiful golden ring, symbolizing their deep respect and gratitude for the years of service and friendship. Mr. Avadesh and Mr. Thakachan shared heartfelt messages and memories, reflecting on the many ways Mr. Antony touched the lives of those around them. The event concluded with words of thanks from Mr. Antony, who expressed gratitude for the support and camaraderie experienced over the years. It was a fitting farewell to a dedicated and much-loved member of the staff.

TEACHERS' DAY CELEBRATION - SEPTEMBER 5TH

On September 5th, the school celebrated Teacher's Day with great enthusiasm and creativity. Students from classes XI and XII took the initiative to organize a vibrant program in honor of their teachers. The celebration featured a variety of cultural performances, showcasing the students' talents and their appreciation for the dedication of their educators. The highlight of the event was the honoring of teachers with sashes, a gesture symbolizing the respect and admiration the students hold for their mentors. In addition to the cultural program, the day was filled with fun activities, including party games and a friendly basketball match between teachers and students. The basketball match was a particularly enjoyable highlight, fostering a spirit of camaraderie and friendly competition. The celebration provided an opportunity for students to express their gratitude and for teachers to enjoy a well-deserved day of recognition and joy. By 1:00 PM, all staff members proceeded to Hotel Annpurna, where a delightful lunch was arranged by the management. The afternoon was filled with enjoyable activities, and the delicious meal provided a perfect end to a day of celebration and appreciation.

THE FEAST OF THE NATIVITY OF THE BLESSED VIRGIN

On September 8th, St. Mary's Church, Sikar celebrated the feast of the Nativity of the Blessed Virgin Mary, also known as the birthday of Mother. A Nine Days Novena was conducted from 30th August. Each day, Rev. Fathers from neighboring parishes graciously led us in the Holy Mass, offering their wisdom and guidance through inspiring

The Petals

homilies. Their messages encouraged deeper faith, devotion, and reflection on the life of Mother Mary, who continues to be a source of inspiration and intercession for us all. The Nine Days Novena in preparation for the Feast of the Nativity of our Blessed Mother Mary culminated in a solemn and uplifting celebration. On the Feast Day, the Holy Eucharist was presided over by our beloved Bishop, Most Rev. Dr. Joseph Kallarackal, The Bishop of Jaipur, accompanied by many priests from neighboring parishes. Their participation, along with a large gathering of the sisters, faithful, made the celebration even more inspiring and filled with grace. The Bishop's homily touched the hearts of everyone present, reminding us of Mother Mary's unwavering love and intercession for all. Followed by the Holy Eucharistic celebration a Rosary procession was held inside the beautifully decorated church campus. The faithful participated in the procession, holding lighted candles, symbolizing their devotion and illuminating the night. The entire campus was adorned with vibrant lights, creating a serene and sacred atmosphere. This glowing setting enhanced the solemnity of the procession, as prayers were offered in unison, paying tribute to Mother Mary amidst the beautifully lit surroundings. After the religious proceedings, a cultural program was held, showcasing local traditions or artistic performances, adding vibrancy to the spiritual event. During the cultural programme, prizes were distributed to Catechism students who demonstrated full attendance and excellence in their studies, recognizing their dedication to deepening their faith. The day concluded with a scrumptious dinner, fostering fellowship and community bonding among the attendees.

BIRTHDAY CELEBRATION OF REV. FR. SEBASTIAN

St. Mary's Ashram, Sikar celebrated the birthday of the Superior Rev. Fr. Sebastian on 10th September with a Holy Eucharistic celebration, bringing together the faithful for a time of prayer and thanksgiving. The solemn mass was attended by parishioners and was made even more special with the presence of priests from neighboring stations who joined in the celebration. Following the Eucharistic celebration, the gathering continued with a joyful fellowship meal. The presence of the priests and parishioners created a warm and welcoming atmosphere.

10 BEATITUDES FROM THE LIFE OF SAINT THERESA

1. Blessed are those who seek to imitate the life of Jesus, for they will be filled with His love.
2. Blessed are those who love God above all else, for they will inherit eternal life.
3. Blessed are those who trust in God's providence, for they will find peace and joy.
4. Blessed are those who embrace the Little Way, for they will achieve great holiness.
5. Blessed are those who maintain a childlike spirit, for they will enter the kingdom of heaven.
6. Blessed are those who practice interior prayer, for they will commune with God.
7. Blessed are those who offer their sufferings to God, for they will be transformed.
8. Blessed are those who are aware of their own limitations and seek God's help, for they will be strengthened.
9. Blessed are those who are open to God's will, for they will be guided on the right path.
10. Blessed are those who practice self-denial, for they will be purified and strengthened.

Fr. Tinto Kollamparambil CST
Vice Rector, Malout

The Petals

News from Sikhwala Parish...

My God, My Lord... July 3rd

On July 3rd, Infant Jesus Parish celebrated the feast of St. Thomas with a solemn evening Mass.

Good Bye Drugs...

We had an orientation class for our students about the drug abuse by Mr. Bikram Singh, SHO of the Punjab Police.

Birthday and Feast Days...

“May you be gifted with life's biggest joys and never-ending bliss.” After all, you yourself are a gift to earth, so you deserve the best, Happy Birthday.” We celebrated the Birthday of our dear Fr. Bijo Kalayakkattil CST on 10th of July.

“Happy Feast My heartiest wish is that joy may brighten the road God has traced for you.” We celebrated the feast of Sr. Aleena CSC on July 26th, coinciding with the feast day of St. Anna.

St. Alphonsa Pray for us...

On July 28th, we celebrated the feast of St. Alphonsa in our parish with a solemn Holy Mass, followed by a *Lankar*. In accordance with the Diocese of Jalandhar's guidance, we also paid homage to all the grandparents in our parish.

Science Exhibition...

“The science of today is the technology of tomorrow.” On July 30th, we held a Science Exhibition at Alphonsa High School, Sikhwala. The students created various static and working models showcasing different scientific inventions.

Holy Priesthood...

“He made them, the vicars of his love.” — St. Ambrose. We celebrated the feast of St. John Marie Vianney in our parish with a solemn Holy Mass. Following the Mass, we honored our dear parish priest, Fr. Bijo Kalayakkattil CST.

The Petals

National Youth Day Celebration

We celebrated National Youth Day in our parish, with the youth members leading the Holy Mass, including the choir and offertory. We arranged a workshop for the youth members of our parish in the afternoon and conducted sports meet for the youth members.

Assumption of our Lady...

We celebrated the feast of the Assumption of our Lady and the Independence Day of our nation with Solemn Holy Mass by Flag hoisting in front of the church. ओ, देस मेरे... We celebrated our nation's Independence Day at Alphonsa High School, Sikhwala. Fr. Bijo hoisted the National Flag, and the students presented various cultural programs reflecting the theme of Indian Independence.

Winners...

The youth members of our parish participated in the Deanery level Competitions and prized 1st for the Essay writing, 2nd for Extempore, 2nd for 100 meters race, 2nd for 200 meters race and 400 meters race.

“Your dedication commands admiration, Happy Teachers' Day!”

On September 5th, Teachers' Day, the students paid homage to their beloved teachers. In response to the students' requests, our teachers performed various programs, and the students organized fun games and activities in their honor. Teacher's had a half day outing and lunch at Bathinda.

The Petals

ST. JOSEPH PONTIFICAL SEMINARY MANGALAPUZHA, ALUVA

MAY

The seminary welcomed its first-year theology and philosophy students on 27th May 2024, marking the start of their academic journey with a three-day initiation program. The event, organized and led by senior students, included an introduction to the seminary's history, mission, and daily operations. The program aimed to familiarize the newcomers with their new environment, provide essential information, and foster a sense of community as they begin their studies.

JUNE

Carmalagiri Seminary officially launched its academic year with a series of special events. The inauguration was honored by His Excellency Mar Ambros, Bishop of the Kottapuram Diocese, who served as the chief guest and officially opened the ceremony. The day featured the celebration of the Feast of St. Paul and St. Peter on June 29th, highlighting the seminary's spiritual traditions. The seminary also celebrated Pope Day with a flag-hoisting ceremony, showing its connection to the worldwide Catholic community.

JULY

Seminary celebrated the feast of St. Thomas the Apostle, our father in faith, with a series of special events on 3rd of July. The day began with a solemn Mass, followed by a vibrant cultural program. Ruble Raj, the former principal of Kuttikanam Marian College, was the chief guest for the occasion. Additionally, the seminary observed the feasts of St. James on July 25 and St. Alphonsa on July 28, further enriching the spiritual and cultural life of the community.

AUGUST

We celebrated John Maria Vianney Day on August 4, with Fr. Bobby Jose Kattikat as our Chief Guest. His inspiring talk on priestly life was the highlight of the event. Sports Day was held at Mangalapuzha Seminary, in which brothers actively participated. On August 23, Carmalagiri Seminary hosted our institute day, with film director Jibu Jacob as the Chief Guest. We also celebrated the feast of St. Euphrasia on August 30, honoring her legacy with great respect.

SACRED HEART THEOLOGICAL COLLEGE SHILLONG

Ministry and the Inauguration of the Academic Year

After a six-day retreat, the second- and third-year brothers were conferred the ministries of Lector (KAROYA) and Acolyte (HEUPADIAKNA) on August 6th. Although these are not ordained orders in the Latin Rite, the ministries were bestowed by Fr. John Zoziama SDB, the Provincial Superior of the Shillong Province.

On August 7th, we inaugurated the 2024-25 academic year. The event began with a Solemn Holy Mass celebrated by Bishop Victor Lyngdoh, the Metropolitan Archbishop of the Shillong Diocese. Following the inauguration address, the program featured a variety of cultural performances by the brothers and ITLR Students.

Independence and Freshers Day

On August 15th, our college celebrated the 78th Independence Day with great enthusiasm. After a solemn Mass, we proudly hoisted the Tiranga. The celebration continued with a series of programs, including patriotic songs and other performances that highlighted the spirit of the day.

On August 16th, in honour of St. Don Bosco's birthday, we celebrated Fresher's Day at our college. We officially welcomed our new students—1st year BTH, 1st year MTH, and ITLR—to the college community. Additionally, we extended a warm welcome to the newly appointed Fathers, who have joined our faculty and staff.

Tidings from Krist Jyothi College Bangaluru

Opening of the Academic Year.

Kristu Jyoti College, Bangalore, officially commenced the academic year on June 8, 2024. The event was graced by Honorable Justice N. Santhosh Hegde, former judge of the Supreme Court of India, who served as the chief guest. Brothers Alby Sebastian and Joseph Joji began their theological studies at the institute this year. The seminary warmly welcomed the new first-year students, providing them with a comprehensive introduction to the history, dynamics, and essential information about the institute, fostering a sense of community as they embark on their academic journey.

Independence Day

August 15th, Krist Jyoti College, Bengaluru, came alive with the dual celebrations of the Feast of the Assumption of the Blessed Virgin Mary and the 76th Independence Day of India. The day began with a solemn Holy Eucharist, presided over by our esteemed Fr. Vice Rector, who invoked divine blessings upon our beloved nation. Following the Eucharist, the college community gathered for the flag-hoisting ceremony, a moment rich in symbolism and pride. Fr. Rector, with great reverence, unfurled the national flag, reminding us of the values of freedom, unity, and justice that our nation upholds. The celebrations continued into the evening with a cultural event. Under the aegis of the third-year theology students, a three-act play titled “*A Caged Bird Can Still Sing*” was staged. Inspired by the life and struggles of Fr. Stan Swami, the performance was a powerful portrayal of resilience, hope, and the unyielding human spirit in the face of adversity. The play eloquently captured the essence of freedom and justice, resonating deeply with the audience and leaving a lasting impact.

The Petals

Exams... Exams..

The first trimester exams of the academic year 2024-25 at Krist Jyoti College, Bengaluru, commenced on 22nd August and concluded on 31st August. The rigorous examination period tested the students' knowledge and understanding across various subjects of theology, marking a significant milestone in their academic journey. The exams were conducted in a structured and disciplined manner, reflecting the college's commitment to academic excellence.

Marian Month

During the Marian month celebration at Krist Jyoti College, the entire community came together to honor the Blessed Virgin Mary with deep reverence and devotion. Under the leadership of the third-year brothers, the college dedicated a full month to special prayers and services. This year's celebration, titled "Mother of the Voiceless," highlighted Mary's compassionate care for those who are unheard and marginalized. The month was filled with solemn Holy Rosary celebrations and heartfelt prayer services, fostering a profound spiritual atmosphere on campus.

Exposure program

After completing the first trimester exams, the first-year brothers at Krist Jyoti College embarked on an enriching exposure program at Don Bosco Ajjanahalli. Nestled in a village and surrounded by scenic rock cliffs and dense forests, this location offered the brothers a unique opportunity to connect with nature and the local community. During their stay, they participated in basic Kannada language classes and immersed themselves in the daily life and culture of the village, gaining valuable insights and experiences. Meanwhile, other batches from the college were sent on a one-week retreat to various serene locations, allowing them time for reflection and spiritual growth.

NEWS FROM THE LAND OF SANGAM

ABOUT STARTING FRESH

It's never too late to begin again. Our seminary reopened on 1 July. The conferring of the ministries of Acolyte & Lectors and the admission to the Sacred Orders along with the Schola Brevis took place on 8 and 9 of July. Josem Family was blessed with the presence of His grace Rev. Bp. Ignatius D'Souza, Bishop of Bareilly for officiating these sacred events and inaugurating this new academic year. The main concern of this year is Pastoral leadership.

BENVENUTI CARI FRATELLI

New commers' day was pencilled in to welcome officially our first years to Josem family on 20th of July. A cultural event and friendly volleyball match was also arranged. First year theologians recieved their priestly attire cassock on 4 August.

IN THE SERVICE OF GOD AND PEOPLE

Expressing their strong desire and will to serve God and the People of God, 11 brothers received the Holy Order of Diaconate on 11 August. His Grace Rev. Bp. Louis Mascarenhas , the Bishop of the diocese of Allahabad and the chairman of the Seminary conferred the Order by laying his hands on each candidate. Fathers and Sisters from various dioceses and nearby religious houses and parishes joined with us to pray and congratulate the newly ordained Deacons.

CELEBRATING FREEDOM

August 15 is an occasion to exhibit our patriotism and love to our nation as well as to celebrate the feast of Assumption of Blessed Virgin Mary. Josem family also celebrated both the occasions in a solemn manner. As all our celebrations are centred around the Eucharistic Table, we also began our day and celebration with Holy Eucharist. After the Eucharistic celebration, we hoisted the national flag and expressed our love towards the nation and paid homage to all our freedom fighters.

REGIONAL FESTIVALS

Brothers form Mangalore celebrated their regional feast, Monti Fest along with the Nativity of Blessed Virgin Mary. It was an occasion to share the fraternal brotherhood and love as the celebration itself intends. This also was an occasion to exchange the values, to know and to be part of different cultures and feasts.

Aluiva Seminary

St. Thomas Our Father in Faith

On 3rd July, little flower seminary celebrated the Feast of St. Thomas the Apostle, our father in faith. There was a solemn *Rasa Qurbana* celebrated by Fr. Roji. Fr. Anto and Fr. Tomy assisted him in church-service. We also wished the festal greetings to Fr. Rogi and Fr. Tomy along with four brothers who bear the name of St. Thomas.

Inauguration of Literal and Cultural Academy

Literal and Cultural Academy of the academic year 2024-25 was inaugurated by the renowned singer Fr. Bibin George Thareparambil from Cochin Diocese on 3rd July. Fr. Jijo Indiparambil the Provincial Superior of St. Joseph Province presided over the function and enriched every one with his valuable words. The presence of Guests from nearby religious houses and neighbourhood added more colour and dynamism to the occasion. After the Inaugural session the dais witnessed the fascinating concert of Fr. Bibin together with breathtaking performance of brothers and sisters.

Vianney Day Celebration

Our LFS community celebrated the feast of St. John Maria Vianney on 3 August. Dr. Fr. Abraham Kottanalloor the spiritual father of the LFS seminary offered the Holy Mass and Fr. Abraham delivered a ceremony which mesmerise us the important of the priesthood and also the saint behind it. Frist years conducted several programs and we had a friendly basketball match with farthers from the neighbouring Ashrams. Later in the evening there was occasion for fathers to share their experience of the priestly life. And we gifted the framed photo of St. John Maria Vinney to the fathers.

Independence Day and Assumption of the Blessed Virgin Mary

LFS community delightfully celebrated our nation's 77th Independence Day together with the feast of the Assumption of the Blessed Virgin Mary. Fr. Joby Malmalssery the Vicar Provincial of

The Petals

Little Flower Province offered the Holy Mass and Dn. Alan gave a heart-touching sermon. Fr. Rector hoisted the flag and Bro. Jimi Vempumchriyil gave a message. We had a batch wise skit competition on the same day. Third years bagged the First prize.

Teacher's day celebration

To honour our guiding lights, acknowledging the dedicated service and support of our teachers JN celebrated teacher's day on 4th of September, because September 5th was Thursday. The whole community gathered in the auditorium to express our respect to the teachers. The programmes commenced with a prayer song. Br. Paulson Thanickamattathil CSsR welcomed all to the dais. Br. Rinu Punakulam addressed the stage and reminded the significance of a teacher in the lives of students. Brother staged with group song. We greeted our teachers by cutting the cake. Dr. Liss Maria Dass enriched the students with her views on a mentor.

Visit of the Provincial Superior

We had a visit of Dr. George Alukka, the Provincial Superior on August 19th and 20th. Father has arrived for visiting African mission. He met brothers of province and fathers. 20th he offered holy mass here, and evening he went back to Mudikal.

Farewell to Fr. Tomy Alumkalkarot

We had given farewell to dear Fr. Tomy Alumkalkarot, former president and rector. Father is going to his new pastoral ministry in Germany. The presence of Vicar General and general councillors made this occasion more joyful.

The Pursuit of Happiness

“Happiness is not a gift to be received; it is an achievement”

We all seek happiness a universal pursuit that transcends culture, age, and time. But what is happiness? Is it the fleeting joy of a moment, the satisfaction of a goal achieved, or something deeper, something that touches the very core of our being? Happiness is often described as the ultimate goal of life, the one thing we all strive for in our unique ways. It is a universal pursuit, yet it remains deeply personal, elusive, and sometimes even misunderstood. Happiness is not just a fleeting emotion or a momentary pleasure. It is a deeper sense of contentment, fulfilment, and well-being that permeates our lives. But what exactly contributes to this sense of happiness? Is it wealth, success, relationships, or something more intangible?

The essential aspect of happiness is meaningful connections with others. Humans are inherently social creatures, and our relationships play a significant role in our well-being. Building strong, supportive relationships with family, friends, and communities provides us with a sense of belonging and purpose. It is in these connections that we find love, support, and the shared experiences that enrich our lives. Research suggests that while external circumstances like money and social status can influence our happiness to some extent, they are not the most critical factors. Instead, happiness is largely determined by our internal state our mind set, attitudes, and the way we perceive and interact with the world around us.

Aristotle, one of the greatest minds of ancient Greece, speaks on happiness or *eudemonia* in his work named; “*Nicomachean Ethics*”, that happiness, or *eudemonia* is not simply a state of feeling good; it is a state of living well. It is not merely about pleasure or material wealth, but about flourishing—living a life that is rich in purpose, virtue, and meaning.

The Petals

Aristotle believed that true happiness is found in the cultivation of virtues—those qualities of character like courage, wisdom, justice, and temperance that guide us to live in harmony with our highest potential. For Aristotle, happiness is not a gift to be received; it is an achievement, the result of living a life in accordance with reason and virtue. However, happiness is not about avoiding pain or discomfort. Life is inherently challenging, and adversity is an inevitable part of the human experience. But it is how we respond to these challenges that can either diminish or enhance our happiness.

“Happiness is not a destination but a journey” a journey that is shaped by our attitudes, relationships, and sense of purpose. It is about finding joy in the present moment, cultivating gratitude, and building meaningful connections. It is about embracing life's challenges with resilience and a positive mindset. Most importantly, happiness is about understanding that it is within our control. We may not always be able to change our circumstances, but we can always choose how we respond to them.

Royal Pezhumparambil

Albums

My Albums

[See All](#)



Recents
1,304



WhatsApp
40

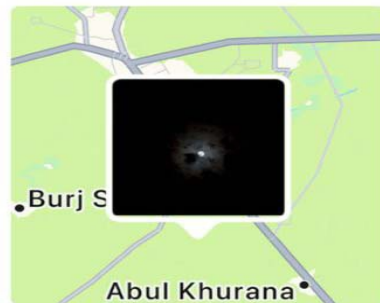


Favourites
38

People & Places



People
20



Places
831



























Birthday Greetings

October



Fr. Palankara Joseph
17th Thursday



Fr. Kocheelath Shibin
18th Friday



Fr. Alackaparambil Shan
19th Saturday



Fr. Vaniyapurackal Jacob
20th Sunday



Fr. Chittinappilly Varghese
20th Sunday



Fr. Moonjely Kurian
26th Saturday



Fr. Pothen Siril
26th Saturday



Fr. Moozhayil Mathews
27th Sunday



Fr. Pulimkalayil Benny
28th Monday

November



Fr. Kalapurackal Rince
7th Thursday



Fr. Tholanickal Babychan
9th Saturday



Fr. Anmura Antony
12th Tuesday



Mar Mathew Nellikunnel
13th Wednesday



Fr. Thoomkuzhy Deepak
14th Thursday



Fr. Padinjarekuttu Alwin
14th Thursday



Fr. Cheruthankical Sunny
20th Wednesday

December



Fr. Vallor Benny
4th Wednesday



Fr. Alukka Geroge
6th Friday



Fr. Munduplackal Joy
10th Tuesday



Fr. Menachery Rijo
11th Wednesday



Fr. Naripara Ajay
20th Friday



Fr. Myladumparayil
John Joseph
25th Wednesday



Fr. Moolan Jobin
29th Sunday



Fr. Elavunkal Alwin
31st Tuesday



Fr. Pareeckal Ajeesh
31st Tuesday